



Federação Portuguesa de Songahm

2027



CINTOS PRETOS FEMININO

FORMULA

SUB13
SUB15
SUB18
SUB30
SENIOR

ARMAS TRADICIONAIS

SUB13
SUB15
SUB18
SUB30
SENIOR

COMBATE DE BASTÃO

SUB13
SUB15
SUB18
SUB30
SENIOR

SPARRING

SUB13
SUB15
SUB18
SUB30
SENIOR



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FORMULA XMA

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SUB18
SUB30
SENIOR

ARMAS XMAS

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